



# I AM BARNES & THORNBURG

## SPOTLIGHTS

### Jeff Longsworth: I Am Barnes & Thornburg

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#### I AM...

- Rewarded to help my wife run a unique hunger ministry dedicated to eradicating hunger in ZIP code 20895
- Blessed to have a wife of 29 years and three children that bring me riches and rewards money can't buy
- Giddy (almost) every day that I can commute by bicycle, with most of my ride through the woods along the Potomac River (and within sight of the traffic jams I'm avoiding)
- A sports addict – 50 years playing ice hockey, former three-sport college athlete, member of Washington Rugby Hall of Fame, and at peace in life now that my Caps won a Cup
- Always figuring out how things work, hence car mechanic, deck builder, plumber, electrician, Mr. Fix-it
- A former coach, humbled by former players (that now coach) that give me too much credit for teaching life's lessons on the soccer pitch

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**"Courage is the commitment to begin without any guarantee of success." – Goethe**

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