

I AM BARNES & THORNBURG



SPOTLIGHTS

Wali Rushdan: I Am Barnes & Thornburg

November 1, 2023 | [Delaware](#)

I AM...

- Addicted to daily morning exercise
- Grateful for my wife of eight years, in awe of my 19-month-old daughter, motivated by my 5-year-old son, and elated about my daughter due in April
- Notably proficient in the culinary arts
- Most comfortable in a suit in the hot weather months than the cold
- A black belt in Taekwondo
- An unapologetic San Francisco 49ers fan who imposes this fandom on all of my household
- Committed to mentoring local young people aspiring to better themselves
- Consciously courteous and respectful to all people, thanks to my mother
- A gaming enthusiast – repressed solely by the commitment to the responsible use of time
- Inspired by the daily, elusive pursuit of excellence in all things

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